

FURRUN WALK Sunday 7th January 2024 Run: 10km & 6km Walk: 6km 'Lap of the Lake': 3km

KEY INFORMATION

Here's some key Surf 'T' Surf info to get race day ready! Keep your eye on our Facebook page for regular updates or if you have any other questions, please contact **0418 339 544**.

RACE DAY

Please ensure that you arrive at the start line on Pertobe Road, with plenty of time to spare before the commencement of your race. The outline of the morning's activities is as follows:

6:30am - Registration tent open for last minute enquiries

(NOTE: registrations WILL NOT be available on race morning except for the Lap of the Lake event)

7:00am - Race announcers commence

- 7:30am Late registrations close
- 7:35am Pre-race warm up
- 7:45am Race briefing for all competitors

7:55am - Call to start line for all 10km competitors

- 8:00am Sungold 10km Run race starts
- 8:15am Specsavers Warrnambool 6km Run race starts
- 8:20am Madden's Lawyers 6km Walk race starts
- 8:25am Optus 3km 'Lap of the Lake' race starts
- 9:45am Presentations
- 10:15am Event concludes

PARKING

Pertobe Road and Merri Street between the cutting and Liebig Street will be closed to traffic between 8am and 8:30am. Parking will be restricted along Pertobe Road.

SURF 'T' SURF IS PROUDLY SUPPORTED BY

We recommend allowing plenty of time to find a park and walk to the Lake Pertobe start line. Options include Flagstaff Hill, the south end of Pertobe Rd, or near the RSL club off Merri St.

FIRST AID

There is 1 first aid unit on course should you require first aid attention – located at the finish line. Please make yourself known to our marshals if you require first aid attention.

WATER STATIONS

There are 5 water stations on the course -4 on the 10km course, 2 on the 6km course and 1 on the Lap of the Lake Course. Please make use of these to remain hydrated during your run.

PHOTOGRAPHS

The Warrnambool Camera Club will be on hand taking photographs on course. Make sure you keep your smile up - you never know where they might be taking happy snaps! Photos will be published on our website www.surftosurf.org in the week following the race.

PERSONAL ITEMS

Storage marquee/s will be provided at the start/finish line area. Leave items at your own risk. Surf T Surf assumes no responsibility for the items left in or around the storage marquee/s. Otherwise please leave personal items securely in your vehicle or with a friend or relative.

TIMING

All events will be electronically timed, using a disposable microchip located in your race bib. It is essential that you wear this bib for the race. *Race bibs are disposable - you DO NOT need to return your race bib following the race.*

Official times will be available online at <u>www.surftosurf.org</u> and published in the Standard Newspaper on Monday, 8th January.

