

# Surf T Surf. Frequently Asked Questions. (FAQ)

# Are there age group restrictions for events?

Whilst our festival is inclusive of all ages, the following restrictions are in place to promote a safe running environment. Please ensure age-appropriate events are selected for all participants.

- 10km: You must be a minimum of 12 years of age.
- 6km: You must be a minimum of 6 years of age, however we strongly encourage that children under 10 years are accompanied by an adult.
- 3km Lap of the Lake: We strongly advise that children under 6 years age accompanied by an adult.

# Are there Entry fee discounts?

Yes.

- 10km Run **\$10** Discount for ages 15 and under.
- 6km Run **\$10** Discount for ages 15 and under.
- 6km Walk **\$10** Discount for ages 15 and under.
- 3Km Lap of the lake **\$5** Discount for ages 15 to 7 and **\$8** for 6 and under.

## Is there a family discount?

We decided not to have a family discount as we feel the entry fee and discounts available to each child within the given event is more suited rather than having a 2 Adult 2 Child style system that doesn't cater for all manner of families.

## What are the entry fees?

•	10Km Run:	Adult \$59	Child (15 and under)	\$49	
٠	6Km Run:	Adult \$49	Child (15 and under)	\$39	
٠	6Km Walk	Adult \$49	Child (15 and under)	\$39	
٠	3Km Lap of lake	Adult \$18	Child (15 to 7) \$13	Child (under 6)	\$10

## What is included in my entry fee?

In addition to gaining access to run in our Iconic event with spectacular views and the challenges the courses bring, your entry fee includes:

• Free singlet for entries in the 10Km and 6Km events. Discounted singlet available for the 3Km Lap of the lake.

- Event specific Race Bib with timing chip and safety pins
- Timed and media posted run
- Fruit and water at finish line
- Chance to win amazing spot prizes (Online entry only)
- Drink stations on course

#### When and where can I collect my race bib/pack?

Race kit collection is available.

#### When:

- Friday 5th January from 4:30pm 8:30pm
- Saturday 6th January from 10pm 2pm

#### Where:

• Flagstaff Hill Car Park

Race pack includes Race Bib with timing chip and safety pins, ordered merchandise, event specific free singlet, a range of goodies from our sponsors and a race day info sheet, can be collected from

#### Where can I park?

- Flagstaff Hill
- The South end of Pertobe Rd
- RSL club off Merri St
- Warrnambool Railway Station Merri St

#### **Please Note:**

The Access to Pertobe Road will be limited between 7.45am and 8:30am as the road will be closed to traffic from the Cutting (North end). Access to Pertobe Rd will only be available from the South end via Stanley St.

We recommend allowing plenty of time to find a park and walk to the Lake Pertobe start line.

#### Where is the start line?

• All events start and finish at the Carpark and BBQ area at Lake Pertobe Adventure Playground Pertobe Rd. Opposite The Beach Kiosk Cafe.

#### Will there be a gear storage area?

• Storage marquee/s will be provided at the start/finish line area. Surf T Surf assumes no responsibility for the items left in or around the storage marquee/s.

## Will there be water?

There are 5 water stations on the courses and there is a public water fountain at the Start finish area.

- 4 on the 10km course.
- 2 on the 6km course
- 1 on the Lap of the Lake Course.
- Bottled water at the finish line on completion of your event.

Please make use of these to remain hydrated during and after your run.

# Will there be First Aid Stations?

• There is one First Aid Station located at the Start/Finish line.

The Surf T Surf highly recommends you have ambulance cover as an ambulance will be called if need be and the Surf T Surf does not cover the entrant for this service.

## Are there toilets on the course?

• No. There are public toilets at the Lake Pertobe Adventure Park and McGennans Car park Entry

# Do I wear a timing chip?

• Runner's times will be recorded using a timing chip located on the supplied race bib for all events. There is no need to return the chips or bibs

## Are there any race cut-off times?

• It is expected that all events would be completed by 9:45am.

## Where can I view the results?

• Race results for all events will be available post-race through the Surf T Surf Website and Facebook pages via a link to the timing company. Also, the results will be published by the Warrnambool Standard the day after.

## When will winners be presented?

• Presentations for all events will commence at 9:45am on the stage at the Start/Finish line.

# What refreshments will be available at the event?

- A coffee van will be available at the Start/Finish line area.
- Bottled water on race completion for competitors.
- Alternatively, The Beach Kiosk Café will also be open

# Can I use my iPod / music device?

• iPods / music devices are strongly discouraged; runners need to be always aware of their surroundings on the course.

# Can I run with my Dog/pet?

• Unfortunately, we don't allow any Dogs/Pets to accompany you for our events. Service dogs are exempt from these rules.

## Will there be any road crossings?

• There will be road crossings during the event. Volunteer marshals will be in place at all intersections. Please obey the marshal's instructions and be vigilant at all times. Runners must be cautious of traffic at all times as not all roads and streets are closed.

## Are all the roads closed?

• NO. There are a couple of sections of road closures. For most of the 10Km and 6km events the roads are as per normal, on a Sunday morning in Warrnambool. Very light.

# **Roads Closed:**

- Pertobe Rd from the start line to Merri St roundabout.
- Merri St from Pertobe Rd to Liebig St.
- Liebig St from Merri St to Lava St
- Flaxman St from Lava St to Nicholson St

## Will ambulance be available

• The ambulance is available as per normal but they have been made aware of the Surf T Surf fun run prior to the race.

## What happens if I injure myself during the race?

• In the case of an emergency. Marshalls are able to coordinate if assistance is needed. Injury assistance can be alerted to Marshalls and the appropriate action will be taken.

## Is the event insured?

Participants should note that public liability insurance exists for this event, however it does not cover individual medical, ambulance cover or rescue costs. This cost is the responsibility of individual competitors. Again, it is recommended to ensure your ambulance cover is up to date.

## **TIMETABLE ON Race Day**

- Please ensure that you arrive at the start line on Pertobe Road, with plenty of time to spare before the commencement of your race. The outline of the morning's activities is as follows:
- 6:30am Registration tent open for last minute enquiries
- (NOTE: registrations WILL NOT be available on race morning except for
- the Lap of the Lake event)
- 7:00am Race announcers commence

- 7:30am Lap of the Lake registrations close
- 7:35am Pre-race warm up
- 7:45am Race briefing for all competitors
- 7:55am Call to start line for all 10km competitors
- 8:00am Sungold 10km Run race starts
- 8:15am Specsavers Warrnambool 6km Run race starts
- 8:20am Madden's Lawyers 6km Walk race starts
- 8:25am Optus 3km Lap of the Lake race starts
- 9:45am Presentations
- 10:15am Event concludes

#### How can I stay up to date with event information?

Please check our website. <u>Surf 'T' Surf – Warrnambool (surftosurf.org)</u> and follow our Instagram and Facebook pages to keep up to date on all event details.

## Can I get a refund or transfer my entry?

Unfortunately, we de not offer refunds to runners who withdraw prior to the event. Entries may be transferred from one event to another, if an entrant wishes to transfer down in distance the difference in price will not be reimbursed. Should an entrant wish to transfer up to a higher distance then the participant will be required to pay the difference. Transfer to another person of your entry can also be achieved. CANCELLATION In the case of forced cancellation of the Surf T Surf, due to extreme weather or unforeseen circumstances there will be a 50% refund. A decision like this would generally occur close to race date, at which point a considerable amount of funds would have gone towards the many areas involved in hosting such an event. No responsibility is taken by Surf T Surf for lost travel/accommodation costs in this instance. Waiver: A legal requirement for all participants is the signing of the Surf T Surf insurance waiver. It is essential that this be read in full prior to the event. Your understanding of the waiver will be acknowledged when registering online.

Happy Running/Walking & Enjoy!